



Supporting professionals working with and people living with Parkinson's disease through an integrated care approach: a digital training program



Partners:



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Project description:

SUPER project is aimed to build knowledge, competences and skills of multidisciplinary care team members on the Integrated Care (IC) approach for Parkinson Disease (PD) through a co-designed training course and e-learning platform.

Specific objectives:

- ✓ Design co-validated content and methodology of the training course to deliver support through an integrated approach.
- ✓ Increase knowledge on the IC models of care and their design, application and delivery.
- ✓ Encourage the collaborative work among social and health care professionals and PD by developing innovative online resources and tools.
- ✓ Promote families' with Parkinson's empowerment in the management PD.
- ✓ Increase visibility of PD and the associated effects.
- ✓ Increase the quality of life of families living with Parkinson's.
- ✓ Promote people with PD's autonomy and digitalization increasing their quality of life.
- ✓ Raise awareness and skills of communities, organizations, and other stakeholders on the newly produced training and create relevant networks across the EU.

Expected results:

- 1 An ecosystem mapping and training methodological framework: IC in PD.** A mapped of existing training and specific needs as well as knowledge gaps as perceived by social and health care professionals, and families living with Parkinson's.
- 2 SUPER training course about IC for PD.** The training course will be developed on the basis of the aforementioned result and meeting the needs of all target groups.
- 3 SUPER e-learning platform.** It will include the training course for members of multidisciplinary care teams, project results, and also it will contain a section dedicated to the communication between professionals and people with PD/informal caregivers across Europe.
- 4 A co-validated training course (on-line modality).** At least 170 health and social professionals from Spain, Italy, France and Netherlands will be trained on IC in PD and will give their feedback on the effectiveness, utility and quality of the materials and results produced.
- 5 Awareness raised on the PD and IC model.** Through the development of several dissemination actions at national and international level mainly addressed to all those people linked to the disease and other chronic/neurological conditions, IC or healthcare services policy and/or research.



Strategies:

- 1 Validation pilot actions will be implemented in Spain, Italy, France and Netherlands with social and health care professionals where training course and the e-learning platform will be put into practice and tested.
- 2 3 national and 1 international multiplier events will be organized to show SUPER results to several stakeholders from different countries.

Beneficiaries:

- 1 **Health and social care professionals involved in the provision of care to people with Parkinson's disease:** general practitioners, neurologists, geriatricians, psychiatrists, nurses, speech therapists, psychologists, physiotherapists, social workers
- 2 **People with Parkinson's disease**
- 3 **Relatives/informal caregivers of people with Parkinson's disease**

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Interactive 4D
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www.interactive4d.com



Stichting International Foundation for Integrated Care
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